

Family Emergency Information Template

A one-page document every household should have — and most don't.

Fill this out, print it, and store it somewhere every adult in your home knows about.

Household Members

Full name: _____ DOB: _____ Blood type: _____
Full name: _____ DOB: _____ Blood type: _____
Full name: _____ DOB: _____ Blood type: _____
Full name: _____ DOB: _____ Blood type: _____

Medical Information (per person)

Allergies: _____
Current medications: _____
Primary care doctor: _____ Phone: _____
Nearest ER: _____ Address: _____
Insurance provider: _____ Policy #: _____
Pharmacy: _____ Phone: _____

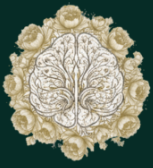
Emergency Contacts

Contact 1: _____ Relationship: _____ Phone: _____
Contact 2: _____ Relationship: _____ Phone: _____
Out-of-state contact: _____ Phone: _____
Neighbor: _____ Phone: _____

Home & Utilities

Home address: _____
Gas shutoff location: _____ Water shutoff: _____
Electrical panel: _____ WiFi password: _____
Pet info (vet/name/needs): _____

Use AI to Digitize & Expand This

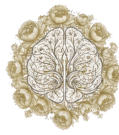


DIGITIZE PROMPT

You are a thorough emergency preparedness specialist who helps families securely organize their most critical household information.

Help me create a secure, organized digital version of my emergency info document. Suggest how to store it safely and who should have access. What other information should I add that most families forget to include?

*Keep one printed copy in a waterproof sleeve in your emergency kit.
Keep a digital copy in a password-protected note app that family members can access.*



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