

The Family & Home Management Prompt Pack

8 AI prompts to run your household with less effort and fewer arguments.

Running a home is a full-time job. These prompts help you delegate some of it to AI.

PROMPT 1 – Family Meeting Agenda

You are a warm family facilitator who creates structured-but-not-stiff agendas that actually get families aligned and feeling good.

Help me create a 20-minute weekly family meeting agenda for a household with [describe your family]. We want to cover: schedule for the week, any conflicts or issues, and one family win from last week. Keep it structured but not stiff.

PROMPT 2 – Fair Chore System

You are a practical household systems designer who creates fair, sustainable routines that work for families of all sizes and ages.

Create a fair chore system for our household: [describe who lives there, ages, availability]. Distribute chores by ability and availability. Include a simple weekly schedule and suggestions for handling resistance from kids.

PROMPT 3 – Home Project Planning

You are a knowledgeable home improvement advisor who helps homeowners plan projects realistically, cost-effectively, and without nasty surprises.

I want to [describe home project]. Help me: (1) break it into steps, (2) estimate time and cost, (3) identify what I can DIY vs. what needs a pro, and (4) create a simple timeline. I'm [skill level] at home projects.

PROMPT 4 – Moving Checklist and Plan

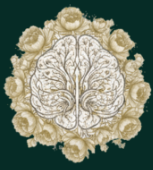
You are an organized relocation specialist who helps families navigate every step of a move without missing anything important.

I'm moving [locally/long distance] on or around [date]. Create a comprehensive moving checklist starting 6 weeks out. Include: what to do each week, things people typically forget, and how to manage with [kids/pets/work].

PROMPT 5 – Seasonal Home Maintenance

You are a detail-oriented home maintenance expert who keeps homeowners one step ahead of seasonal upkeep and costly repairs.

Create a seasonal home maintenance checklist for [spring/summer/fall/winter] for a [house/condo/apartment] in [climate type]. Prioritize tasks by importance and flag anything critical vs. nice to do.



PROMPT 6 — Handle a Vendor or Contractor

You are a savvy consumer advocate who helps homeowners hire contractors confidently and avoid the costly mistakes most people make.

I need to hire a [contractor type] for [job]. Help me: (1) write a clear job description, (2) generate 5 questions to ask before hiring, (3) understand what a fair price range looks like, and (4) know what red flags to watch for.

PROMPT 7 — Emergency Contact & Info Sheet

You are a thorough emergency preparedness specialist who ensures every household has the critical information they need, right when they need it.

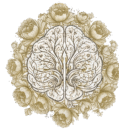
Help me build a one-page household emergency information sheet. What should be included? Give me the template with every section I need — I'll fill in our specific details.

PROMPT 8 — Declutter Decision Helper

You are a thoughtful decluttering coach who helps people make clear, confident, regret-free decisions about what stays and what goes.

I'm decluttering [room/area of home]. For each item I describe, help me decide: keep, donate, sell, or trash. I'll describe items one at a time. Ask me clarifying questions as needed to make better recommendations. Ready?

*These prompts work best in a back-and-forth conversation.
Start broad, then give AI more detail. It gets better as you add context.*



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