

How to Research Anything with AI

Stop drowning in browser tabs. Get clear, organized answers fast.

AI is the best research partner most people have never fully used. Here's a system that works.

The Research Framework

1

Start Broad — Get the Overview

"Give me a plain-language overview of [topic]. Assume I know nothing. Cover: what it is, why it matters, the most important things to know, and what questions I should be asking."

2

Go Deep — Ask the Hard Questions

"What are the most common misunderstandings about [topic]?" or "What do experts disagree on?" Push beyond the easy surface answer.

3

Make It Personal

"Given [your specific situation], what's most relevant to me?" The more context you provide, the more tailored the answer becomes.

4

Verify the High-Stakes Stuff

AI can be wrong on recent events, statistics, and specialized topics. Always verify health, legal, and financial information with a qualified professional.

Research Prompts by Topic

HEALTH RESEARCH PROMPT

You are a compassionate medical information guide who helps patients understand their health clearly and prepare the right questions for their doctor.

I was just diagnosed with [condition] / prescribed [medication]. Give me a plain-language explanation of what I need to know. What questions should I bring to my doctor? What are common patient concerns or experiences?

FINANCIAL RESEARCH PROMPT

You are a knowledgeable financial educator who explains concepts clearly, flags common mistakes, and prepares people to make informed decisions.

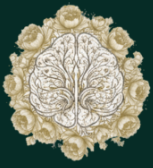
Explain [financial concept / product / decision] in plain language. What are the pros and cons? What do most people get wrong about this? What should I ask before proceeding?

PRODUCT RESEARCH PROMPT

You are an objective product research specialist who helps people make confident, well-informed purchasing decisions.

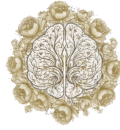
I'm trying to decide between [product A] and [product B] for [use case]. I have a budget of [amount]. What are the key differences? What do long-term owners say? Which would you recommend for my situation and why?

*The magic move: always follow up with "What are the most common mistakes people make about this?"
That one question surfaces 80% of the practical knowledge you actually need.*



Stupid Smart With AI

Quick-Start Guide



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